

**MINUTES OF THE MEETING OF THE HEALTH AND WELLBEING BOARD HELD AT/BY  
COUNCIL OFFICES, BUSHLOE HOUSE, STATION ROAD, WIGSTON, LEICESTERSHIRE,  
LE18 2DR ON TUESDAY, 26 JULY 2022 COMMENCING AT 1.30 PM**

**PRESENT**

**COUNCILLORS**



**Meeting ID: 2126**

Mrs R H Adams  
G A Boulter  
F S Ghattoraya  
Mrs L Kaufman

**OFFICERS IN ATTENDANCE**

S Frear	Youth Engagement Activator
R Levy	Community & Wellbeing Officer
Ms J Mackenzie	Community Health Improvement Officer
L Mugridge	Graduate Community Physical Activity, Health & Sport Assistant

**OTHERS IN ATTENDANCE**

L Baginskis	Active Together
Ms S Jagot	GP Social Prescribing Link Worker
H Khan	School Sports Partnership, LSLSSP
L Monk	Leicestershire County Council

**1. WELCOME BY CHAIRMAN, COUNCILLOR JEFFREY KAUFMAN**

Chair unable to attend. L.Kaufman to stand in, agreed with the group.

**2. APOLOGIES FOR ABSENCE**

S Renton  
J Barroclough  
M Flyne  
A Dingley  
M Walters  
J Curtin  
J Naylor

**3. MINUTES OF THE PREVIOUS MEETING**

All actions completed.  
The minutes of the meeting of the HWBB held on the 26 April 2022 to be taken as read, confirmed and signed by the Chair.

**4. COMMUNITY & WELLBEING TEAM UPDATE**

R.Levy and L.Mugridge provided an update on the work of health & wellbeing team since April 2022.

R.Levy explained to the board the structure of the community and wellbeing team, comprising of health & wellbeing, community safety, anti-social behaviour and youth engagement.

ACTION: Video did not play, J Mackenzie to send out.

L Mugridge concluded presentation exclaiming that the team are grateful for their on-going support, and if anyone had any questions.

L Kaufman showed her thanks, and highlighted that the team is ever-growing in our delivery and progress.

B.Boulter asked how were the Wednesday walks in Two Steeples going.

R.Levy replied that they are going well, we rely on referrals from doctor surgeries and other professionals.

B.Boulter asked did the team know about the walks in South Wigston that previously ran at the Methodist Church.

R.Levy replied that he had been in contact with them, is it run by walk for health, a subscription service. We deliver our walks with walk together.

L.Mugridge mentioned that we have a progression on our walks, so there are different levels for varying abilities.

B.Boulter asked if we had a run programme, or a Park run.

R.Levy confirmed that we ran a Couch to 5k earlier this year, a volunteer delivered this for us. We now have two more volunteers who are trained that are going to deliver an additional two running programmes. A Park run is not so feasible due to marshals, parking etc.

L.Kaufman asked if the health & wellbeing team are going to deliver a winter programme.

L.Mugridge responded that we will continue most of our programmes, adapting to indoor facilities.

## **5. OADBY AND WIGSTON INTEGRATED LEADERSHIP GROUP UPDATE**

J Mackenzie presented on behalf of S.Renton.

L.Kaufman sends her thanks to S.Renton.

## **6. TURNING POINT PRESENTATION**

E.Deakins delivered a presentation on Turning Point.

Turning Point is built up of three main sectors, I, Eliza, am in control of crisis cafes.

Firstly, the mental health central access point is a 24/7 single point of access, where all mental health referrals are processed through in LLR. This was originally set up as Turning Point had an emotional support helpline, it is accredited.

Anybody can ring the mental health central access point, for yourself or something else - with consent. The referral is then triaged and support is appointed.

The helpline has two options depending on who the caller is, a professional line or personal line.

J.Mackenzie asked can the consent for professional referrals be verbal or is it written consent?

E.Deakins responded that is can be verbal, the referral will be confirmed with the patient anyway.

Th service does not provide support to children on the central access point, but it can be linked up. There is a texting service for young adults that runs between 6 – 10pm.

A crisis house is a place for individuals to stay, it is a therapeutic, non-clinical approach in the community. During the patient's stay they will have a person-centred approach including personal safety plans.

A crisis house only accepts referrals from the crisis team.

A crisis café has three members of staff present, including a senior mental health practitioner, recovery worker and a peer support/student placement. A crisis café is non-clinical, and are usually in community halls or cafes in the community. The activities are patient led.

If patients have a physical need, they need to go to A&E, however if it is a mental health need they can attend a crisis café or urgent mental health care hub.

We have been awarded funding for 2 more cafes in Hinckley, and in Oadby & Wigston. Location in Oadby & Wigston is to be confirmed.

L.Kaufman highlighted that Turning Point must be incredibly busy post-Covid, from issues such as isolation. Commends the work Turning Point are doing.

J.Mackenzie asks if there is a timescale, when is the café going to open?

E.Deakin responded that they are ready to go, just confirming location.

## **7. YOUTH ENGAGEMENT ACTIVATOR UPDATE**

S.Frear presented an update on his youth engagement work.

My role is centred around supporting youths with their mental health. We support a lot of cases. We aim to make our programmes sustainable. The activities in the programmes have helped to improve their confidence and self-esteem.

Since the schools have been on summer holiday, I have been delivering community based activities. Over the summer I have introduced wellbeing sessions in Wigston, they are an open safe space for young people. The sessions are targeted at pupils who would benefit from mental wellbeing support, and include a range of activities. The aim is that the sessions are youth led.

As my job role is not permanent, need to ensure that the programmes are sustainable to be able to run themselves and continue.

The youth wellbeing sessions are expanding to South Wigston.

L.Kaufman wishes her luck to Simon and hope that the programmes evolves successfully.

L.Kaufman asked if any of the young people had asked for laptops.

S.Frear responded no, but it is something we could look into if there was a demand.

## **8. ANY OTHER BUSINESS**

ACTION: J.Mackenzie to send out Health Inequality Report.

**THE MEETING CLOSED AT 3.02 pm**



**Chair**

**Tuesday, 22 November 2022**

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